



The National Partnership for Community Leadership
"Strengthening Communities and Organizations to Serve People for the Future"

CO-PARENTING LEARNING ACADEMY

CO-PARENTING GLOSSARY QUIZ

1. Co-Parenting describes a parenting situation where the parents are in a marriage, living together and have a loving relationship.

☐ True

☒ False

CORRECT ANSWER: Co-Parenting- Co-Parenting describes a parenting situation where the parents are not in a marriage, cohabitation, or romantic relationship with one another".

2. Co-Parenting v. Joint Custody are interchangeable. Both are legal terms.

☐ True

☒ False

CORRECT ANSWER: Co-Parenting v. Joint Custody - Two terms that seem interchangeable but are not joint custody and co-parenting. The difference is one is a legal term, while the other is a parenting style chosen amongst divorced/separated parents. One can have joint custody, but not co-parent.

3. Parallel Co-Parenting Model is where parents put the well-being of their children first. This can be difficult to attain. These are parents talk over the children's problems, coordinate household rules and child-rearing practices, and adapted their schedules to fit their children's needs.

☐ True

☒ False

CORRECT ANSWER: Parallel Co-Parenting Model - It is the most common form of co-parenting. These parents simply ignore each other. They do not interfere with each other's parenting or make any coordinated parenting strategies. They usually send communication through their children. The lack of parenting communication opens the door to problems and as children get older monitoring can be difficult. Children learn to manipulate or play one parent against the other. Children are used as messengers.

4. Deadbeat Dads refers to fathers who have limited abilities to pay child support. Most are young, poorly educated and earn less than it takes for one person to live above the poverty-level.

☐ True

☒ False



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CORRECT ANSWER: Deadbeat Dads - dads earn enough to provide child support but don't.

5. Parenting Time Agreement - A parenting agreement (or parenting plan) is a written document that you and your ex-spouse create together to outline how you will handle the care of your children after your divorce. Creating an agreement helps both parents understand what the other expects of them and can alleviate conflict that often comes with separation.

☒ True

☐ False

6. Father Engagement refers to positive, wide-ranging, and active participation in their children's lives.

☐ True

☒ False

CORRECT ANSWER: Father Engagement - refers to what fathers actually do when they are with the children. This may be playing games, teaching, watching television, coaching, sports, doing homework, and so forth.

7. Healthy co-parenting relationship clearly states that the children must be the mediators between the parents and facilitate the dialogues between them. Children should be made aware of the role in settling discord between their parents (ex-husband/wife or boyfriend/girlfriend).

☐ True

☒ False

CORRECT ANSWER: Healthy co-parenting relationship clearly states that the children must not be the mediators between the parents or must not facilitate the dialogues between them. Children should not be made aware or hear about the discord between you and your partner (ex-husband/wife or boyfriend/girlfriend).

8. Shared parenting is shared residence, joint residence, shared custody, joint physical custody, equal parenting time (EPT) is a child custody arrangement after divorce or separation, in which both parents share the responsibility of raising their child(ren), with equal or close to equal parenting time. A regime of shared parenting is based on the idea that children have the right to and benefit from a close relationship with both their parents, and that no child should be separated from a parent.

☒ True

☐ False



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9. Low Functioning/Sabotaging Co-Parenting Relationships It is the most common form of co-parenting. These parents simply ignore each other. They do not interfere with each other's parenting or make any coordinated parenting strategies. They usually send communication through their children. The lack of parenting communication opens the door to problems and as children get older monitoring can be difficult. Children learn to manipulate or play one parent against the other. Children are used as messengers.

__ True

__ **False**

CORRECT ANSWER: Low Functioning/Sabotaging Co-Parenting Relationships - A low-functioning co-parenting relationship could result in children who are fragile, emotionally anxious, avoidant, or have a chaotic attachment style. These children may experience emotional wounds, be prone to addiction, have weakened immune systems, and experience difficulties connecting to future romantic partners.

10. Co-Parenting Agreement - is an agreement between two consenting adults regarding the collective raising of one of the parent's biological or adopted child. This sort of parenting contract outlines the goals and rules regarding how the two will contribute to childcare.

__ **True**

__ False