

Co-Parenting Agreement Form

At its core, a co-parenting agreement involves planning. The prospects for a high-functioning co-parenting relationship are increased when parents have made high-functioning plans to succeed.

1. Plan to Communicate

We agree to keep communications between us open by:

- Telephone
- Video conferencing
- Texting
- Email
- Mail
- Regular parental meeting at the following times: _____
- Joint calendar
- Parenting notebook

2. Plan to Support Each Other

We plan to support the other parent by (check all that you can agree to):

- Leaving our child(ren) out of adult discussions about our Co-Parenting Agreement and all other aspects of our separation/relationship.
- Not discussing the other parent in a negative way in the presence of our child(ren).
- Discouraging others from discussing the other parent in a negative way in the presence of our child(ren).
- Communicating directly with one another. We will not ask our child(ren) to be a messenger (i.e., "tell the other parent this for me") or a spy (i.e., "tell me what the other parent is doing").
- Maintaining consistent expectations and routines for our child(ren) (e.g., homework, curfew, bedtime, discipline, television, computer or phone restrictions, and chores).

3. Plan to Educate Your Child

Major decisions about our child(ren)'s education will be made by:

Both parents _____

Parent _____

Other _____

We also agree:

- To share our child(ren)'s school information (e.g., school evaluations) with one another.
- To encourage and support our child(ren)'s educational efforts at home by:
 - Making sure our child(ren) gets to school unless sick.
 - Making sure homework is done.
 - Helping with homework as needed.
 - Attending school conferences and events for parents.
 - Other: _____
- To encourage and support our child's extracurricular activities.

4. Plan Your Child's Religion and Culture

We agree that major decisions about religion and culture about our child will be made by:

Both parents

Parent _____

Other _____

5. Plan Your Child's Medical Care

We agree that major decisions about our child's medical care will be made by:

Both parents

Parent _____

Other _____

6. Plan Your Child's Daily Care

We agree that major decisions about our child's daily care and parenting will be made by:

Both parents

Parent _____

Other _____

7. Plan Your Child's Safe Travel

We agree that major decisions about our child's Transportation will be made by:

Both parents

Parent _____

Other _____

We will help our child gather the things they will need to take to the other parent's home and/or school.

We will arrange transportation as follows: _____

"Off duty" parent picks up/drops off at (time) _____ and (place) _____

"On duty" parent picks up/drops off at (time) _____ and (place) _____

We understand that when we present this recommendation to the proper authorities, they will accept this voluntary co-parenting agreement unless they determine that another arrangement is necessary for the best interests of our child.

We understand that we may voluntarily agree to changes to this Co-parenting agreement as our child(ren) develop and circumstances change. However, we understand that changes to this Co-parenting agreement might need to be confirmed by an order of the court to be enforceable. We

understand that if we are unable to agree to changes, this existing Co-parenting agreement will remain in effect until a revised plan is approved.

Date: _____

Mother: _____

Date: _____

Father: _____