



## Healthy Start TA & Support Center

### Fatherhood Newsletter

*Strengthening Healthy Start to  
support family health and well-being*



## Healthy Start Fatherhood Newsletter

### Past & Upcoming Fatherhood Talk Tuesdays

#### October Fatherhood Talk Tuesday **Mental Health & Positive Parenting**

The Healthy Start TA & Support Center (TASC) welcomed the Fall season with moments of reflection, thoughtfulness, and gratitude. For October's Fatherhood Talk Tuesday, TASC invited Yale's Associate Professor of Psychiatry and Director of Research, Policy & Program on Male Development, [Dr. Derrick Gordon](#), to speak about mental health and positive parenting in observance of Domestic Violence Awareness Month. We also heard from our fellow grantee, Darrell Howell from Pee Dee Healthy Start, who presented strategies, programming insights, and lessons learned within fatherhood programming!

Watch the recording of this session [here](#)!

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#### November Fatherhood Talk Tuesday **Native American Heritage**

For the November Fatherhood Talk Tuesday, TASC invited Neil Tift from the [Native American Fatherhood & Families Association \(NAFFA\)](#) to share the importance of Native American heritage – including its rich and distinct ancestry, traditions, and history – and how that heritage can be reflected in the work and services offered throughout Healthy Start communities. We also heard from our fellow grantee, Dr. Onaje Muid from The Foundation for Delaware County, who presented strategies, programming insights, and lessons learned!

Watch the recording of this session [here](#)!

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## December Fatherhood Talk Tuesday Year-End Recap

That's a wrap, folks! This year's final Fatherhood Talk Tuesday will feature a recap of TASC's fatherhood offerings throughout the year, a sneak peek at what's to come, and an opportunity for grantees to share what they're looking forward to!

Join the TASC for this reflective session on **Tuesday, December 13 from 3-4:30 pm ET**. To register, please [click here!](#)



We'd love to feature your HS site at the next Fatherhood Talk Tuesday.

**Sign up to present at Fatherhood  
Talk Tuesday!**

## Fatherhood Summit Recap



### 2022 Fatherhood Summit The State of Fatherhood in MCH - "Today, Tomorrow & Beyond"

*"It is easier to build strong children than to repair broken men."* –  
Fredrick Douglas

The TASC held the full-day 2022 Fatherhood Summit: "The State of Fatherhood in MCH Today, Tomorrow & Beyond" to address this need.



TASC convened leading voices that have helped shape fatherhood work over the last 50 years, across both the 20th and 21st centuries, to examine where we've been, offer an understanding of where we are currently in the work, and offer direction for the future.



## examining the roots of father inclusion



We brought together national leading voices to talk about the “state of fatherhood in maternal, family, and community health.” The learnings from the summit offer a path forward that can inform father-inclusive policy and practice.



Experts discussed critical issues regarding father involvement, reviewed research on father-inclusive programs, showcased resources and support for fathers, and explored opportunities for policy change.



The summit consisted of a combination of presentations, discussions, and storytelling from cross-sector experts. The presentations covered topics ranging from data on birth outcomes, innovative approaches to involving fathers in maternal care, strategies that support fathers as individuals, the value in collecting data and evaluating programs, and opportunities to leverage technology to build awareness and educate fathers on their role. In addition to keynote presentations, attendees shared introductions, case studies, and lived experiences, which offered opportunities to strengthen father inclusion policy and practice.

## #HealthyStartStrong

### We want to hear from you!

Our team at the TASC would love to highlight the work of Healthy Start projects in upcoming newsletters, as part of our #HealthyStartStrong initiative. This spotlight can include new improvement methods, developments, resources, or initiatives taken that you'd like to share.

If you'd like to share, please email us at [healthystart@nichq.org](mailto:healthystart@nichq.org)!

## Fatherhood 1:1 TA

Noticing some areas for improvement in your fatherhood work? Your project may benefit from further individualized support. TASC offers 1:1 TA to all grantees on a wide array of topics, including fatherhood!

Your request will be acknowledged within two business days by email by the TASC. The TASC team will work with you to understand your request in greater detail and determine the most efficient way to complete your request and develop a TA workplan together while keeping your Project Director and Project Officer in the loop.



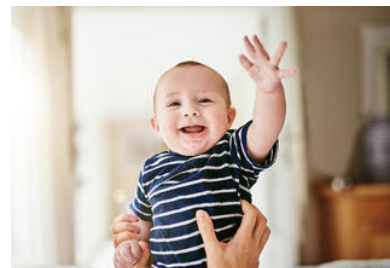
[Submit a TA Request](#)

Feel free to email us at [healthystart@nichq.org](mailto:healthystart@nichq.org) with questions on 1:1 TA support.

## Stay Connected!

Please encourage your fellow Healthy Start staff members to subscribe to the Healthy Start email distribution list! Once subscribed, they will receive weekly update emails and the monthly newsletter, which include information about upcoming webinars, training opportunities, and more.

To subscribe, please email [healthystart@nichq.org](mailto:healthystart@nichq.org).



Have questions? Either respond to this email or contact the TA & Support Center at [healthystart@nichq.org](mailto:healthystart@nichq.org)

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