

Welcome!

We are so glad you are here!

We will get started shortly.
In the meantime, we invite you to intentionally enter this space.



Silence your cell phone



Stretch



Close the door



Take a few deep breaths



Close browser windows



Emotionally release your to-do list



Check your audio and video



Take a bio break

Fatherhood Talk Tuesday

Tuesday, October 11, 2022 || 3:00pm – 4:30pm ET

NICHQ
National Institute for
Children's Health Quality

HEALTHY
start
TA & SUPPORT CENTER

Fatherhood Talk Tuesday

TUESDAY, OCTOBER 11, 2022
3:00PM — 4:30PM ET

THE HEALTHY START TA & SUPPORT CENTER IS OPERATED BY THE NATIONAL INSTITUTE FOR CHILDREN'S HEALTH QUALITY (NICHQ). THIS PROJECT IS SUPPORTED BY THE HEALTH RESOURCES AND SERVICES ADMINISTRATION (HRSA) OF THE U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES (HHS) UNDER GRANT NUMBER 1 UF5MC327500100 TITLED SUPPORTING HEALTHY START PERFORMANCE PROJECT.

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FATHERHOOD TALK TUESDAY

Agenda

Housekeeping

Danisha Charles
HEALTHY START TA & SUPPORT
CENTER (TASC)

**Welcome: A Brief
Look at Paternal
Postpartum
Depression**

Lazaro Lugo
TASC

**Men's Mental
Health Q&A**

Dr. Derrick Gordon
THE CONSULTATION CENTER, YALE
SCHOOL OF MEDICINE

**Grantee Site
Presentation**

Darrell Howell
FATHERHOOD COORDINATOR,
PEE DEE HEALTHY START

Wrap-up

Danisha Charles
TASC





THIS SESSION IS BEING RECORDED.



ALL PARTICIPANTS ARE MUTED UPON ENTRY. WE ASK THAT YOU REMAIN MUTED TO LIMIT BACKGROUND NOISE.



PARTICIPANTS ARE ENCOURAGED TO SHARE COMMENTS AND ASK QUESTIONS USING THE CHAT BOX.



Lazaro Lugo

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MENTAL HEALTH AWARENESS MONTH

PATERNAL

POST

PARTUM

DEPRESSION



INTRODUCTION

- Postpartum depression (PPD) is often defined as an episode of major depressive disorder (MDD) occurring soon after the birth of a child. It is frequently reported in mothers but can also occur in fathers.
- Risk factors include a history of depression in either parent, poverty, and hormonal changes. It might be associated with anxiety disorders and can adversely affect the father, family unit, and developing child.

Innov Clin Neurosci. 2020 May 1; 16(5-6): 11–14.

Published online May-Jun 2020.

A FATHERS STORY



DAWAYNE

Unemployed first-time dad



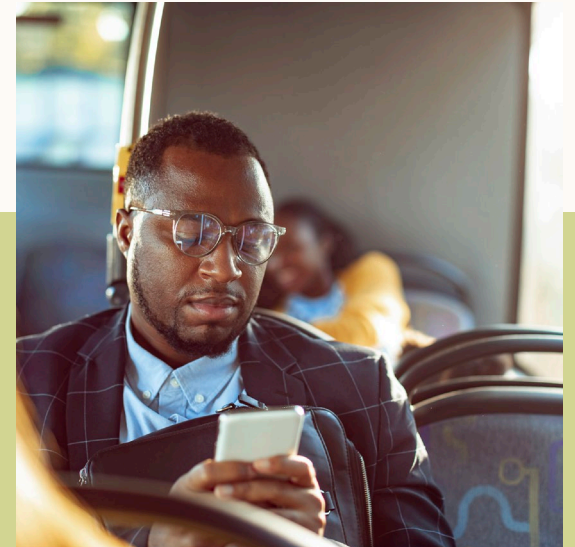
JONATHAN

Executive with two teens
and a newborn



KHALIL

Physical trainer with
toddler and a pre-mee



LARRY

Professor with blended
family and a six month old

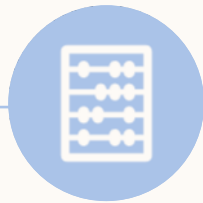
A FURTHER LOOK

- The postpartum period is associated with many adjustments to fathers that pose risks for depression.
- Paternal PPD has high comorbidity with maternal PPD.
- Paternal PPD has negative impacts on family, including increasing emotional and behavioral problems among their children (either directly or through the mother) and increasing conflicts in the marital relationship.

CONTRIBUTORS

- Biological Risk Factors
- Ecological Risk Factors
- Impacts on Family
- Prevention & Intervention

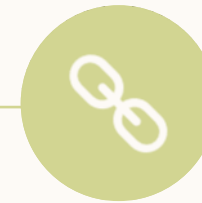
THANKFUL FOR SUPPORT



PARTNER



FAMILY & FRIENDS



EDUCATION/AWARENESS

SUMMARY & RESOURCES

- St John W, Cameron C, McVeigh C. Meeting the challenge of new fatherhood during the early weeks. *J Obstet Gynecol Neonatal Nurs*. 2005;34(2):180–9. [[PubMed](#)] [[Google Scholar](#)]
- Paulson JF, Dauber S, Leiferman JA. Individual and combined effects of postpartum depression in mothers and fathers on parenting behavior. *Pediatrics*. 2006;118(2):659–68. [[PubMed](#)] [[Google Scholar](#)]
- Ramchandani P, Stein A, Evans J, et al. Paternal depression in the postnatal period and child development: a prospective population study. *Lancet*. 2005;365(9478):2201–5. [[PubMed](#)] [[Google Scholar](#)]
- Matthey S, Barnett B, Howie P, Kavanagh DJ. Diagnosing postpartum depression in mothers and fathers: Whatever happened to anxiety? *J Affect Disord*. 2003;74(2):139–47. [[PubMed](#)] [[Google Scholar](#)]
- Dads may suffer postpartum depression too. [August 9, 2006]. Wednesday, August 9, 2006 Available at: www.cnn.com/2006/HEALTH/08/07/dads.too.reut/



THANK YOU

Lazaro Lugo

Healthy Start Fatherhood Consultant

hsfatherhood@nichq.org

Men's Mental Health Q&A

Dr. Derrick Gordon, PhD

THE CONSULTATION CENTER, YALE SCHOOL OF
MEDICINE

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Today's Speaker



Dr. Derrick Gordon, PhD

ASSOCIATE PROFESSOR OF PSYCHIATRY; DIRECTOR, RESEARCH,
POLICY AND PROGRAM ON MALE DEVELOPMENT, THE
CONSULTATION CENTER, YALE SCHOOL OF MEDICINE



Grantee Site Presentation

Darrell Howell

PEE DEE HEALTHY START

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Pee Dee Healthy Start (Florence, SC)

Darrell Howell
Fatherhood Coordinator



About Us

Pee Dee Healthy Start was one of the original Healthy Start Programs.

Since the Early 90's in this region, Pee Dee Healthy Start has championed the fight against infant and maternal mortality and morbidity.

These efforts gave birth to a collaboration of projects now housed under the Pee Dee Healthy Start Inc. umbrella.

- Projects like The Dannon Project, Frameworks, Love Letters and others. While these projects are great and very helpful and useful in our communities (7 counties) The foundation of our company is the **PARINATAL HEALTH ELIMINATING DISPARITIES PROGRAM**

ELIMINATING DISPARITIES



DADS MATTER

FATHER INVOLVEMENT PROGRAM



Perinatal
Health

**I'M
DARRELL
AKA
"PASTOR
D"**

Everyday you can find challenges working with men.

WHY???

Because there's is no cookie cutter method

I have been working with men for over 20yrs & with PDHS for 3yrs

Some of the challenges Dads Matter face is :

- Retention- Keeping men engaged throughout 18month period
- Consistency in 24-7 Dad sign up

Recognizing this as a challenge. I've already began taking steps to make positive change.

24/7 Dad - The plan now is to do sessions in 3 day seminars

Retention I have initiated a monthly text to inform program and it seem to have a good response as of now.

— **With every challenge
there is an opportunity to
Shine**

- We are recruiting better. Right at 65 for calendar year. But plenty of room for improvement
- Our Daddy Read to Me program is doing good.
 - Dad Make video reading to child and get gift card.
- In June we did Men's Health and Fun Day.
 - Men were rewarded for verifiable doctors appointment/visits
- We used Vendors for June event and community partners. Men received diaper/wipes and clothing for showing up.



What have we learned

- HS Fatherhood program need the support of those recruiting women.
 - Ken Scarborough did a seminar with us expressing the need for the whole company to be on board with recruiting men. Best thing that could have ever happened for us.
- Coming into a HS Fatherhood program, you need to know how to build GOOD relationships with co-workers, colleagues, community partners and management.
- If you are in a program where you feel like you are all alone,. get one of ^{*6}dem Kenz^{9*} to do a seminar with you and your co-workers. Once they all get on one accord, recruiting becomes easier.

Daddy Read to me Video

I Love you
This Much



Satisfaction Survey

*YOUR FEEDBACK IS EXTREMELY VALUABLE AND WILL HELP
ENSURE OUR OFFERINGS MEET YOUR SUPPORT NEEDS!*

Next Fatherhood Talk Tuesday: Native American Heritage

TUESDAY, NOVEMBER 8
3:00PM – 4:30PM ET

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Upcoming Deadlines & Events

Deadlines

October 14 HS COIN ON
STRUCTURAL DETERMINANTS OF
HEALTH

Events

**Thursday, October 13 from
1-3 pm ET: HEALTHY START
GRANTEE LISTENING SESSION:
PART 2**



Thank you !

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