

Healthy Start Performance Measures – Benchmark Statistics

Healthy Start Benchmark	National (multiple state average) Benchmark (%)		Source
Improve Women's Health			
Increase proportion of HS participants with health insurance to 90% (reduce to 10%).	National Average	12.9	<u>GALLUP</u> http://www.gallup.com/poll/180425/uninsured-rate-sinks.aspx
	Non-Hispanic White	8.5	
	Non-Hispanic Black	13.9	
	Hispanic	32.4	
	< \$36,000	23.8	
	\$36,000 - \$89,999	8.7	
	> \$90,000	3.4	
	Females under 65 yrs. of age	15.1	<u>National Health Interview Survey (2013)</u> http://www.cdc.gov/nchs/data/nhis/earlyrelease/earlyrelease201406.pdf
Increase proportion of HS participants who have a documented reproductive life plan to 90%.			
Increase proportion of HS participants who receive a postpartum visit to 80%.	National Average	91.0	<u>PRAMS</u> http://nccd.cdc.gov/PRAMStat/rdPage.aspx?rdReport=DRH_PRAMS.ExploreByTopic&isClassId=CLA9&isTopicId=TOP52&go=GO
	Non-Hispanic White	93.1	
	Non-Hispanic Black	87.4	
	Hispanic	87.2	
	< \$10,000	82.6	
	\$10,000 - \$24,999	89.2	
	\$25,000 - \$49,999	92.8	
	> \$50,000	96.2	
Increase proportion of women, infants, and children participating in HS who have a medical home	54.4% of children have medical home nationally, states range from to 44.6% to 68.6%		<u>Kaiser Family Foundation (2011)</u> http://kff.org/other/state-indicator/children-with-a-medical-home/
	National average, % of adults with no personal	23.7	<u>Kaiser Family Foundation (2013)</u>

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to 80%.	doctor		http://kff.org/other/state-indicator/percent-of-adults-reporting-not-having-a-personal-doctor-by-raceethnicity/
	Non-Hispanic White	18.3	
	Non-Hispanic Black	25.6	
	Hispanic	40.5	
	National average, % of all adults with no usual source of care	19.7	<u>CDC (2012-2013)</u> http://www.cdc.gov/nchs/data/hus/hus14.pdf
	Female	15.1	
	White non-Hispanic	19.2	
	Black non-Hispanic	21.4	
	Hispanic	32.6	
	Below 100% FPL	43.5	
	100-199% FPL	37.7	
Increase proportion of well woman visits among HS participants to 80%	National average, proportion of all population that saw primary care generalist	55.2	<u>CDC (2010)</u> http://www.cdc.gov/nchs/data/hs/2014/083.pdf
	Female – under 18	81.7	
	Female – 18-33	67.2	
	Female – 45-64	48.9	
	Female – 65+	39.6	
Promote Quality			
Increase proportion of HS participants who engage in safe sleep behaviors to 80%. (baby is put on back to sleep)	National Average	77.5	<u>PRAMS</u> http://nccd.cdc.gov/PRAMStat/rdPage.aspx?rdReport=DRH_PRAMS.ExploreByTopic&isClassId=CLA8&isTopicId=TOP23&go=GO
	Non-Hispanic White	81.9	
	Non-Hispanic Black	58.1	
	Hispanic	73.5	
	< \$10,000	70.2	
	\$10,000 - \$24,999	74.2	

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	\$25,000 - \$49,999	77.1	
	> \$50,000	84.7	
Increase proportion of HS infants who are ever breastfed to 82%	National Average	83.9	<u>PRAMS</u> http://nccd.cdc.gov/PRAMStat/rdPage.aspx?rdReport=DRH_PRAMS.ExploreByTopic&isIClassId=CLA9&isITopicId=TOP52&go=GO
	Non-Hispanic White	83.6	
	Non-Hispanic Black	73.9	
	Hispanic	89.6	
	< \$10,000	72.7	
	\$10,000 - \$24,999	81.8	
	\$25,000 - \$49,999	87.2	
	> \$50,000	90.8	
Increase proportion of HS infants who breastfed at 6 months to 61%.	National Average	49.4	<u>CDC</u> http://www.cdc.gov/breastfeeding/data/nis_data/
	Non-Hispanic White	52.3	
	Non-Hispanic Black	35.0	
	Hispanic	48.4	
	< 100% poverty threshold	37.8	
	100% - 199% poverty threshold	45.5	
	200% - 399% poverty threshold	57.7	
	400% - 599% poverty threshold	61.9	
	> 600% poverty threshold	67.9	
Increase abstinence from cigarette smoking among HS pregnant women to 90 %.	National Average	89.8	<u>PRAMS</u> http://nccd.cdc.gov/PRAMStat/rdPage.aspx?rdReport=DRH_PRAMS.ExploreByTopic&isIClassId=CLA9&isITopicId=TOP27&go=GO
	Non-Hispanic White	87.3	
	Non-Hispanic Black	91.8	
	Hispanic	96.1	
	< \$10,000	77.7	
	\$10,000 - \$24,999	85.2	

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	\$25,000 - \$49,999	91.6	
	> \$50,000	97.3	
Reduce proportion of HS pregnancies conceived within 18 months of a previous birth to 30%.	National Average	33.1	DHHS (2006-2010) http://www.healthindicators.gov/Indicators/Pregnancies-conceived-within-18-months-of-a-previous-birth-percent_784/Profile/ClassicData
	Non-Hispanic White	32.9	
	Non-Hispanic Black	37.2	
	Hispanic	25.3	
	<100% poverty threshold	38.5	
	100%-199% poverty threshold	30.1	
	200%-399% poverty threshold	29.7	
Increase proportion of well child visits (including immunization) for HS participants' children between ages 0-24 months to 90%.	National Average (% of children who had well-child visit during the year)	52	AHRQ, Medical Expenditure Panel Survey (2009) http://meps.ahrq.gov/mepsweb/data_files/publications/st419/stat419.shtml
	White, non-Hispanic	56	
	Black, non-Hispanic	47	
	Hispanic	47	
	Low-income (<200% FPL)	46	
	Middle-income (200-399% FPL)	51	
	High-income (400% + FPL)	64	
Reduce proportion of HS participants with elective delivery before 39 weeks to 10%.	National Average (elective deliveries <39 for no medical reason)	4	http://www.scienceworldreport.com/articles/15589/20140621/early-3-percent-babies-in-the-u-s-born-before-full-term.htm
	National Average (deliveries < 39 weeks excluding induction)	25	http://spacefem.com/pregnant/charts/duedate3.php#nav
	National Average premature deliveries (< 37 weeks)	11.4	http://kff.org/other/state-indicator/preterm-births-by-raceethnicity/
	Non-Hispanic White premature deliveries (< 37 weeks)	10.2	
	Non-Hispanic Black premature deliveries (< 37 weeks)	16.3	

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	weeks)		
	Hispanic premature deliveries (< 37 weeks)	11.3	
Strengthen Family Resilience			
Increase proportion of HS participants who receive perinatal depression screening and referral to 100%.	National average, percent of primary care physician office visits that included a screening for depression for youth 12-18	2.1 Healthy People 2020 Goal = 2.3	2005-2007 baseline from CDC National Ambulatory Medical Care Survey https://www.healthypeople.gov/2020/topics-objectives/topic/mental-health-and-mental-disorders/objectives
	National average, percent of primary care physician office visits that included a screening for depression for adults 19+	2.2 Healthy People 2020 Goal = 2.4	
Increase proportion of HS participants who receive follow up services for perinatal depression to 90%.	National average, percent of adults 18+ with serious mental illness who received treatment	65.7 Healthy People 2020 Goal = 72.3	2008 baseline from SAMHSA National Survey on Drug Use and Health https://www.healthypeople.gov/2020/topics-objectives/topic/mental-health-and-mental-disorders/objectives
	National average, percent of adults 18+ with major depressive episodes who received treatment	69.0 Healthy People 2020 Goal = 75.9	
Increase the proportion of HS participants who receive intimate partner violence screening to 100%.	National average, for pregnant patients	Range of 11-39	Stayton and Duncan (2005) study reported in 2013 Assistant Secretary for Planning and Evaluation Report http://aspe.hhs.gov/hsp/13/dv/pb_screeningdomestic.cfm
	National average, proportion of women who report having been asked about domestic violence by health care professional	7	Klap R, Tang L, Wells K, Starks SL, Rodriguez M. Screening for Domestic Violence Among Adult Women in the United States. Journal of General Internal Medicine. 2007;22(5):579-584. doi:10.1007/s11606-006-0097-9.
Increase the proportion of HS grantees that demonstrate father and/or partner involvement (e.g.,	National average, proportion of fathers who...		Research brief from Child Trends using Early Childhood Longitudinal Study sample (2007) http://www.childtrends.org/wp-content/uploads/2013/07/2007-
	Discussed pregnancy	93	
	Bought things for the baby	91	

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attend appointments, classes, infant/child care) during pregnancy to 90%	Attended childbirth class	42	18PrenatalBehaviors.pdf
Increase the proportion of HS grantees that demonstrate father and/or partner involvement (e.g., attend appointments, classes, infant/child care) with child 0-24 months to 80%	Percent of fathers (15-44) who have children under 5 <u>who live with them</u> , who engaged in following activities in last 4 weeks		CDC National Health Statistics Report (2013) http://www.cdc.gov/nchs/data/nhsr/nhsr071.pdf
	Fed or ate meals with	72	
	Bathes, dressed, or diapered	58	
	Played with	81	
	Read to	29	
	Percent of fathers (15-44) who have children under 5 <u>do not live with them</u> , who engaged in following activities in last 4 weeks		
	Fed or ate meals with	8	
	Bathes, dressed, or diapered	8	
	Played with	10	
	Read to	5	
Increase the proportion of HS participants that read daily to a HS child between the ages of 0-24 months to 50%.	National Average (% of children age 0-5 read to every day in last week by family member)		National Survey of Children’s Health (2011/2012) http://www.childhealthdata.org/browse/survey/results?q=2284&r=1&g=458
	White, non-Hispanic	59.2	
	Black, non-Hispanic	42.6	
	Hispanic	28.8	
	<100% FPL	33.9	
	100-199% FPL	45.8	
	200-399%	51.4	
	400% or higher	60.4	