



All of these training and technical assistance resources may be accessed via the Healthy Start EPIC Center's website, [healthystartepic.org](http://healthystartepic.org). The navigation tab next to each resource indicates the section of the website in which it can be found.

## RESOURCES

**Evidence-Based Practices Inventory**

Evidence-based practices include actions, activities, strategies, and approaches that improve the health of women, before, during, and after pregnancy in order to improve birth outcomes and give infants up to age two years a healthy start. Evidence-based practices in the inventory are searchable by maternal and child health topic, perinatal phase and resource type, and are classified as Level I (proven effective), Level II (promising practices) and Level III (expert guidelines).

## HS IMPLEMENTATION

**Healthy Start Screening Tools**

These standardized, screening tools developed specifically for Healthy Start are designed to improve programs' ability to document their participants' needs for care coordination, and satisfy program reporting requirements. These screening tools received official OMB approval in November, 2016. The screening tools webpage also includes Spanish versions of the tools and resources and guides for using the tools.

## REQUEST TA

**Grantee Self-Assessment to Inform CBA Planning**

This reflective tool helps Healthy Start grantees to identify program strengths and areas for improvement. The EPIC Center is available to provide training and technical assistance to support program improvement. Section 1 focuses on a program's Healthy Start activities, and Section 2 looks at the systems and operations in which these services exist.

## TRAINING &amp; EVENTS

**Healthy Start CHW Course**

The Healthy Start Community Health Worker (CHW) Course provides introductory training toward the achievement of core competencies and perinatal health competencies needed to fulfill the roles and responsibilities of a CHW in a Healthy Start program. The self-paced, online course is open to any Healthy Start staff member who wants to take it.

## RESOURCES

**Project Director's Guide & Project Management Hub**

The Hub and Project Director's guide provide information, resources and tools to help project directors manage their Healthy Start programs. The Hub focuses on eight areas of project management: scope, human resources, budget, schedule, communication, quality, contracting, and risk.

## RESOURCES

Outreach  
Tools**Healthy Start Recruitment & Retention Toolkit**

This toolkit is designed to provide Healthy Start program directors, managers, and outreach and case management/care coordination staff with resources and tools for developing a comprehensive and effective approach to recruitment and retention of both participants and staff.

**HS STAFF ROLES**

HS Team

**[Staff Meeting Packages](#)**

Staff meeting training packages provide everything needed for a short (30 minute) staff development activity around an important MCH topic, that can be done with the entire Healthy Start team during a staff meeting or other team meeting.

**RESOURCES****[Addressing Maternal Mortality & Morbidity in the U.S.](#)**

This webpage serves as a repository of information, resources, tools, and evidence-based practices, to help Healthy Start programs use and enhance their educational, care coordination, and community mobilization capacities to address the overlapping risk and protective factors that impact both maternal and infant health.

**TRAINING & EVENTS****[The Alcohol & Substance-Exposed Pregnancy Prevention Initiative \(AStEPP\)](#)**

This initiative offers training, TA, and resources to increase grantees' understanding of the impacts of fetal exposure to alcohol and other drugs, and strengthen their capacity to engage in effective prevention and early identification activities with pregnant women, mothers, and newborns.

**HS STAFF ROLES****[Fatherhood & Male Engagement](#)**

The Fatherhood and Male Engagement Coordinators webpage provides access to resources and information related to fatherhood/male engagement programming, including examples from the field, evidence-based practices, toolkits, and upcoming events.

**RESOURCES****[Healthy Living Initiative](#)**

This initiative seeks to increase awareness of environmental influences on healthy living behaviors (eating, physical activity and stress reduction) and provides specific ideas for Healthy Start programs to support healthy living at multiple levels: individual (including both staff and participants), the Healthy Start program, and community-wide.

**RESOURCES**

Outreach Tools

**[Title V Value Proposition Template](#)**

This customizable template can help communicate the value a Healthy Start program brings to its State's Title V MCH Block Grant Initiative. Healthy Start and Title V programs have many shared goals which can be leveraged through close collaboration and coordination of community level and state level activities.

**TRAINING & EVENTS****[Training Calendar](#)**

This calendar includes information about upcoming EPIC Center webinars, regional meetings, conferences, and external events that may be of interest to Healthy Start grantees. Past events are also accessible via the calendar.