

What Works: Raising Awareness/Education of Women, Families, and Communities

Intrapartum/postpartum education



[Learn These Post-Birth Warning Signs](#), Healthy Mom & Baby, 2017



[Life saving Tips for a Safer Birth](#), USA Today



[Patient Reminder Tool for Signs and Symptoms of Postpartum Complications](#), AMCHP: This tool lists signs of potentially life-threatening complications moms should watch for during the first year after birth.



[Resources for Women, Families After a Severe Maternal Event](#), ACOG: A list of resources available for women and their families after a severe maternal event.

Preconception education/RLP/Healthy Woman



[Steps to a Healthier Me and Baby-to-Be](#), CDC: This checklist helps women make a plan before getting pregnant and take the time to get healthy.



[Information on Preconception Health and Health Care](#), CDC: Gives information on preconception health and health care. Includes tips for women who are planning a pregnancy, women who aren't planning to get pregnant, and steps men can take to support their partners.



[Before, Between, and Beyond Pregnancy](#), National Preconception Health and Health Care (PCHHC): Designed to be a “one-stop” resource for clinicians and others who want to learn more about preconception health, the evidence supporting it, and strategies for incorporating relevant content into clinical practice. The website includes CME opportunities, clinical guidance, resources, and news.

[Click here to return to the Maternal Mortality Prevention webpage](#) or visit healthystartepic.org.