

What Works: Ensuring Access to Preconception, Prenatal and Postpartum Care



[Maternal Mortality Fact Sheet](#), WHO, 2018: Describes the key facts around maternal mortality and outlines how WHO works to contribute to the reduction of maternal mortality.

Preconception Care



[Information on Preconception Health and Health Care](#), CDC, 2017: Gives information on preconception health and health care. Includes tips for women who are planning a pregnancy, women who aren't planning to get pregnant, and steps men can take to support their partners.



[Before, Between, and Beyond Pregnancy](#). National Preconception Health and Health Care (PCHHC): Designed to be a “one-stop” resource for clinicians and others who want to learn more about preconception health, the evidence supporting it, and strategies for incorporating relevant content into clinical practice. The website includes CME opportunities, clinical guidance, resources, and news.

Prenatal Care



[Health Care Disparity and State-Specific Pregnancy-Related Mortality in the United States, 2005–2014](#). Moaddab, A., Dildy, G. A., Brown, H. L., Bateni, Z. H., Belfort, M. A., Sangi-Haghpeykar, H., & Clark, S. L. (2016). Health Care Disparity and State-Specific Pregnancy-Related Mortality in the United States, 2005–2014. *Obstetrics & Gynecology*, 128(4), 869-875. doi:10.1097/aog.0000000000001628



[Medicaid Expansion and Infant Mortality in the United States](#). Bhatt, C. B., & Beck-Sague, C. M. (2018). Medicaid Expansion and Infant Mortality in the United States. *American journal of public health*, 108(4), 565-567.



[Association of the Affordable Care Act Dependent Coverage Provision With Prenatal Care Use and Birth Outcomes](#). Daw, J. R., & Sommers, B. D. (2018). Association of the Affordable Care Act Dependent Coverage Provision With Prenatal Care Use and Birth Outcomes. *JAMA*, 319(6), 579-587. doi:10.1001/jama.2018.0030

Postpartum Care



[Optimizing Postpartum Care](#), ACOG Committee Opinion, 2018: Given the urgent need to reduce severe maternal morbidity and mortality, this Committee Opinion reinforces the importance of the “fourth trimester” and proposes a new paradigm for postpartum care.



[Postpartum Toolkit](#), ACOG: This toolkit includes resources on the key components of postpartum care, including long-term weight management, pregnancy complications, reproductive life-planning, reimbursement guidance, and a sample postpartum checklist for patients to complete before their visit.



[Postpartum Care Basics for Maternal Safety \(+AIM\)](#), AIM: These patient safety bundles, developed by the [Council on Patient Safety in Women's Health Care](#), provide information on birth to the comprehensive postpartum visit and the transition from maternity to well-woman care.

Rural Access Issues



[Maternal Health Care Is Disappearing in Rural America](#), Scientific American, 2017



[Another Thing Disappearing From Rural America: Maternal Care](#), Propublica, 2018



[Rural America's disappearing maternity care](#), Washington Post, 2017

[Click here to return to the Maternal Mortality Prevention webpage](#) or visit healthystartepic.org.