

Postpartum Support Services Offered at Your Healthy Start Program

Discuss the questions with your supervisor or at a staff meeting with your team about which services or activities your Healthy Start program offers or makes available to your Healthy Start participants. Then fill out the grid on the back to keep a record of what you discussed.

1. What are our Healthy Start program's goals for our participants who have recently delivered a baby (postpartum participants)? How do our services benefit our postpartum participants?
2. Do we use a particular curriculum in our work with postpartum women?
If yes, specify.
3. What kinds of postpartum support services or activities does our Healthy Start program offer/make available to our Healthy Start participants?

Check all that apply.

- | | |
|---|---|
| <input type="checkbox"/> Referrals to well-woman care for the mother | <input type="checkbox"/> Group education or support groups-- like a moms and babies group |
| <input type="checkbox"/> Referrals to a pediatrician (well-baby care) for the baby | <input type="checkbox"/> Reproductive life planning |
| <input type="checkbox"/> Home visits for participants who have recently given birth | <input type="checkbox"/> Screening for domestic violence (sometimes called intimate partner violence) |
| <input type="checkbox"/> Enrollment in health insurance | <input type="checkbox"/> Screening for depression |
| <input type="checkbox"/> Breastfeeding support | <input type="checkbox"/> Referrals for other needed services (WIC, housing, alcohol/drug treatment, mental health services) |
| <input type="checkbox"/> Safe sleep education | <input type="checkbox"/> Other |
| <input type="checkbox"/> Program or group for fathers/partners of participants | |

4. For **each** service/activity above that we offer, discuss the following:
 - Does our Healthy Start team provide the service directly or refer the participant to someone who does? If refer, who do we refer to?
 - Who on our Healthy Start team is responsible for offering or coordinating the service?
 - What is our Healthy Start community health worker's (CHW's) role in providing this service? What is the CHW responsible to do related to this service?
 - Who do we go to if we have questions about this service?
5. Any other questions about postpartum services offered by our Healthy Start program, or about CHW's role(s) in providing these services.



Developed by JSI for the Healthy Start EPIC Center



	Does our Healthy Start team provide the service directly or refer the participant to someone who does?	Who on our Healthy Start team is responsible for offering or coordinating the service?	What is our Healthy Start CHW's role in providing this service?	Who do we go to if we have questions about this service?
Referrals to well-woman care for the mother				
Referrals to pediatrician (well-baby care) for the baby				
Home visits for participants who have recently given birth				
Enrollment in health insurance				
Breastfeeding support				
Safe sleep education				



Program or group for fathers or partners of participants				
Group education or support groups for mothers				
Reproductive life planning				
Screening for domestic violence (intimate partner violence)				
Screening for depression				
Referrals for other needed services (WIC, housing services, alcohol/drug treatment services, mental health services)				
Other (describe)				

