

HEALTHY START

25 YEARS of HEALTHY START
Community Action to Improve Pregnancy Outcomes



Community Action to Improve Pregnancy Outcomes

WHAT is Healthy Start?

Healthy Start is a federal program dedicated to reducing disparities in maternal and infant health status in high risk communities.

Healthy Start supports women **before, during, and after pregnancy** by addressing their health and social service needs, strengthening family resilience, and engaging community partners to enhance systems of care.



Healthy Start works to assure access to **culturally competent, family-centered and comprehensive** health and social services for women, infants and their families.

WHO does Healthy Start serve?

Healthy Start works in communities with **infant mortality rates at least 1.5 times the national average**, and high rates of low birth weight, preterm birth, and maternal mortality.



Healthy Start serves women of reproductive age, pregnant women, mothers who have just given birth, and infants and families from birth to the child's second birthday. Healthy Start involves fathers throughout, and supports couples with reproductive life planning.

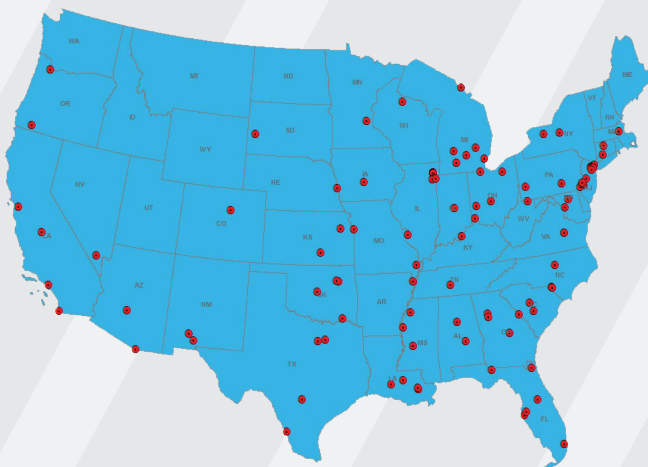
Healthy Start is rooted in the COMMUNITY

Healthy Start provides a forum for the **community voice** in efforts to improve the health of mothers and babies.

Healthy Start programs participate in **Community Action Networks (CANs)** that mobilize health care, social service and other providers to coordinate services, and steer local action to address social determinants of health related to poor birth outcomes.



REACH of the Healthy Start Program



Healthy Start currently funds 100 organizations in **37 states and DC**, including health departments, community-based organizations, health centers and universities.

75 local Healthy Start Programs are based in **Urban** areas (including **1 Border** community).

25 serve **Rural** communities (including **4 Border** and **3 Tribal** communities).