Healthy Start EPIC Center Overview

New Haven Regional Meeting

July 18-20, 2016

E P I C

Supporting communities to give every child a Healthy Start.

Healthy Start EPIC Center

EPIC Center Facts

Who is eligible for EPIC Services?

- All HS program staff and partners

How do you access services?

- Through website and e-News training links
- Request from Project Officer

When are they available?

- Now! Anytime upon request

What does it cost?

- Services are free

Training and Technical Assistance

Training and Technical Assistance examples include:

- Webinars
- Healthy Start Convention
- E-news and Training Notifications
- Website http://www.healthystartepic.org
- Quality Improvement Peer Learning Networks (QI-PLN)
- Collective Impact Peer Learning Networks (CI-PLN)
- Fetal Alcohol Spectrum Disorders Training Initiative (FASD)
- HS Collaborative Innovation and Improvement Networks (CoIIN)
- Resources and Tools

Request Technical Assistance

Training and TA are mutually reinforcing, capacity building activities.

TA provides free, in-depth assistance

Complete The TA Request Form

Please enter your Healthy Start project name, grant number, your name and email address so that we can follow up with you.

Tell us a bit about yourself!

Contact Name:

Email:

Phone:

Brief description of TA request:

Webinars

- Ask the Expert
- Hear From Your Peer
- Special Initiative
- 2 webinars per month
- Registration posted to the training calendar and sent out via the HS listserv
- All materials archived

Training Calendar

Webinar recordings and materials are posted within 1 week following the webinar and can be found by clicking on the webinar posting on the calendar. Click on the prior month to navigate to older trainings.

View As: Month | List

Events for April 2016

« March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
28	29	30	31	1	2	3
4	5	6 Special Initiative: Joint CoIIN Webinar: Healthy Start, Infant Mortality, and Home Visiting CoIINs	7	8	9	10
11	12 Ask the Expert: Parenting Strengths and Partnering with Medical Home	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1

« March

Healthy Start Convention 2016

Community Action to Improve Pregnancy Outcomes
Celebrating 25 Years of Healthy Start
September 26-28, 2016
Grand Hyatt Washington, DC

September 26-27: Scientific Meeting

September 28 (Healthy Start Grantees only): Town Hall with MCHB, Program Management Seminar and Healthy Start CoIIN Meeting

Training and Technical Assistance

To stay informed of training and TA opportunities and resources, sign up for e-News and Training Notices.

Available to all Healthy Start grantees and their staff

- e-News (Sent out 3rd Wednesday)
- Training Notice (Sent out 1st Tuesday)

Website: New and Notable!

Healthy Start Approaches

- Background
- Definitions of each benchmark
- Measurement
- Resources

Benchmark: Postpartum Visit

Increase proportion of HS participants who receive a postpartum visit to 80%.

Since the period immediately following birth is a time of many physical and emotional adjustments, a visit for the mother with a healthcare provider approximately six weeks postpartum is important. Recovery from the delivery can be assessed, and preventive health measures such as screening for postpartum depression, providing contraception, and reinforcing the health benefits of breastfeeding can be provided.

Featured Resource: Evidence-Based Practice

Interconception Care Project of California

The Interconception Care Project of California is a collection of recommendations to improve and promote the interconception health of women by maximizing care during the postpartum visit. The website contains links to free evidence-based clinical management algorithms for the 21 most common pregnancy and delivery complications in California. Patient education materials offering explanations of the conditions, treatment options, and self-care strategies to reduce risks in future pregnancies are also free and available in English and Spanish.

Resources

EVIDENCE-BASED PRACTICE	MCH ORGANIZATION	EVENT	ONLINE TRAINING
Internatal Care Program (ICP)	Zero to Three	Ask the Expert: Postpartum Care	Practical applications of the life course approach

Resources

Website: http://www.healthystartepic.org

- Searchable map of grantees, FQHCs, FIMRs, data
- Searchable database of 160+ Evidence–Based Practices (EBP)
- Online recorded webinars and trainings
- Links to organizations and resource

Project Management Hub

- Scope
- Human Resources
- Budget
- Schedule
- Communication
- Quality
- Contracting
- Risk

Quality Improvement Peer Learning Networks

Partner for Collective Impact

Join a Collective Impact Peer Learning Network

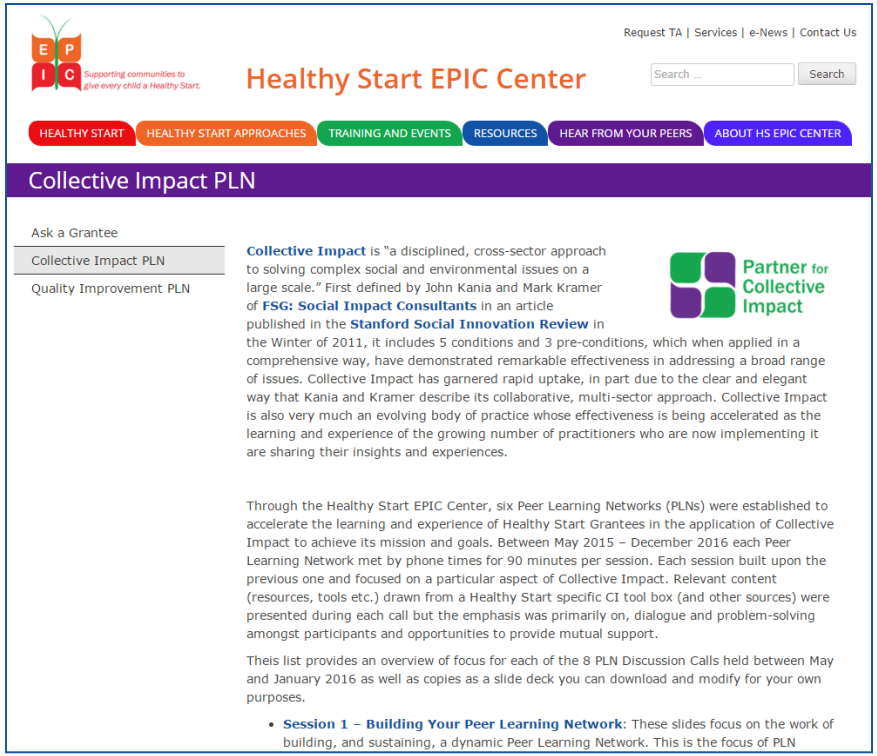
IMPROVE

- QI-PLN initiative launched in January 2016
- Nearly half of all HS grantees are participating in 7 QI-PLNs which meet monthly (Feb – October 2016)
- Participating grantees designate 2 QI Lead staff to be trained in the Model for Improvement
- Each PLN focuses on a HS benchmark: Reproductive Life Plan, Postpartum Visit, Safe Sleep, Ever Breastfed, Six Months Breastfed, Smoking, Reading

EPIC

Collective Impact Peer Learning Networks

- First series concluded in January 2016
- http://healthystartepic.org/hear-from-your-peers/collective-impact-pln/ features slides used for the eight monthly meetings (June 2015 – January 2016)
- CI Toolkit
- The second CI-PLN series will begin in June 2016 (registration in May)
  - Three groups
    1. Evaluating CI
    2. Level 1 Grantees in Urban Areas
    3. Level 1 Grantees in Rural Areas



Request TA | Services | e-News | Contact Us

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Healthy Start EPIC Center

Search ... Search

HEALTHY START | HEALTHY START APPROACHES | TRAINING AND EVENTS | RESOURCES | HEAR FROM YOUR PEERS | ABOUT HS EPIC CENTER

Collective Impact PLN

Ask a Grantee
Collective Impact PLN
Quality Improvement PLN

Partner for Collective Impact

Collective Impact is "a disciplined, cross-sector approach to solving complex social and environmental issues on a large scale." First defined by John Kania and Mark Kramer of **FSG: Social Impact Consultants** in an article published in the **Stanford Social Innovation Review** in the Winter of 2011, it includes 5 conditions and 3 pre-conditions, which when applied in a comprehensive way, have demonstrated remarkable effectiveness in addressing a broad range of issues. Collective Impact has garnered rapid uptake, in part due to the clear and elegant way that Kania and Kramer describe its collaborative, multi-sector approach. Collective Impact is also very much an evolving body of practice whose effectiveness is being accelerated as the learning and experience of the growing number of practitioners who are now implementing it are sharing their insights and experiences.

Through the Healthy Start EPIC Center, six Peer Learning Networks (PLNs) were established to accelerate the learning and experience of Healthy Start Grantees in the application of Collective Impact to achieve its mission and goals. Between May 2015 – December 2016 each Peer Learning Network met by phone times for 90 minutes per session. Each session built upon the previous one and focused on a particular aspect of Collective Impact. Relevant content (resources, tools etc.) drawn from a Healthy Start specific CI tool box (and other sources) were presented during each call but the emphasis was primarily on, dialogue and problem-solving amongst participants and opportunities to provide mutual support.

Theis list provides an overview of focus for each of the 8 PLN Discussion Calls held between May and January 2016 as well as copies as a slide deck you can download and modify for your own purposes.

- **Session 1 – Building Your Peer Learning Network**: These slides focus on the work of building, and sustaining, a dynamic Peer Learning Network. This is the focus of PLN

Fetal Alcohol Spectrum Disorders (FASD) Training Initiative

Join a Collective Impact Peer Learning Network

- The FASD and Substance Use Prevention Initiative was launched in April 2016
- Designed to increase HS grantees' understanding of fetal exposure to alcohol, opioids, or other drugs
- Focuses on prevention and early identification activities that can support improved maternal and newborn health outcomes
- Focuses also on needs of Native American communities

Healthy Start CollN

Join a Collective Impact Peer Learning Network

- A partnership of Healthy Start grantees dedicated to strengthening Healthy Start services and systems, in order to advance program goals to reduce infant mortality and improve birth outcomes.
- Functions as an Expert Panel to the Division of Healthy Start and Perinatal Services (DHSPS) and the HS EPIC Center, the training and technical assistance provider for the program.

Community Workshops

Purpose: To provide skills-building, shared learning opportunities for HS grantees and their community partners.

Audience: HS front line staff and community partners.

Topics:

- ✓ Social media, marketing, and outreach
- ✓ Reproductive life planning
- ✓ Motivational interviewing
- ✓ Breastfeeding
- ✓ Trauma informed care
- ✓ Reflective supervision
- ✓ Early language and literacy
- ✓ Additional topics TBD

- In-person, expert-led trainings will *provide skills-building and professional development opportunities* relevant to both Healthy Start programs and their community partners.

- *Trainings will further strengthen HS grantees' position as a valuable asset to the community by providing this training to partners at no charge.*

Visit http://www.HealthyStartEPIC.org to request your training!

Question?

For assistance, contact us:

http://www.healthystartepic.org

info@healthystartepic.org

1-844-225-3713, toll-free