

# Toxic Stress and Trauma and Community Engagement

## Presenter:

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## Presentation Objectives

By the end of the presentation, participants will be able to:

- Define toxic stress and traumatic stress
- Identify three examples of how toxic stress can impact development in children and families
- Provide a rationale for trauma screening practice across service systems
- Describe one screening measure used with a child welfare population

## Highlights

- How often are we hearing about the importance of identifying and addressing toxic and traumatic stress in our work these days? This talk will attempt to help sort through the growing number of definitions of stress and give participants what they need to know to begin thinking about offering more trauma-informed practice.
- Is your agency or program considering the use of a trauma screen? If so, this presentation will provide a brief overview of an existing measure that has been used in NC with over 6,000 children and families within the child welfare system. Regardless of where you work, learning from those conducting these screens can be invaluable and can benefit you in your work. Learn from the work from others versus starting from scratch and make your work more trauma-informed and more meaningful.

## Resources

- The Center for Child and Family Health ([www.ccfhnc.org](http://www.ccfhnc.org))
- The National Child Traumatic Stress Network Learning Center (<http://learn.nctsn.org>)