

Healthy Start and the Legacy for Children™ Intervention: Lessons Learned from Three Healthy Start Communities

Presenters

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Presentation Objectives

- Describe the Legacy for Children™ (*Legacy*) intervention
- Explain how *Legacy* may be implemented in Healthy Start (HS) programs and under what conditions it may work best
- List the ways *Legacy* may meet Healthy Start key objectives and increase family resilience

Highlights

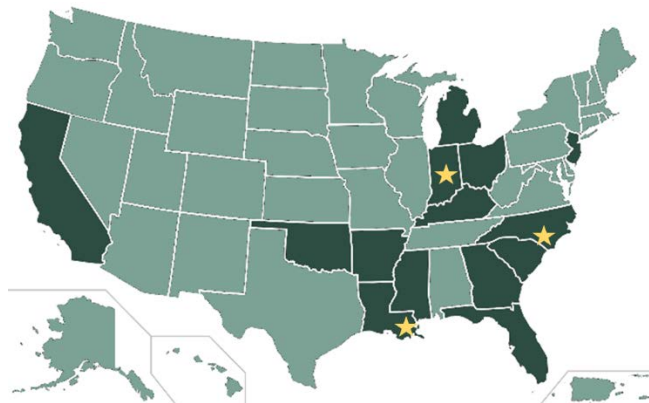
What is *Legacy*?

Legacy is an evidence-based, parent-focused intervention approach aimed at improving child outcomes by fostering positive parenting among low-income mothers of infants and young children.

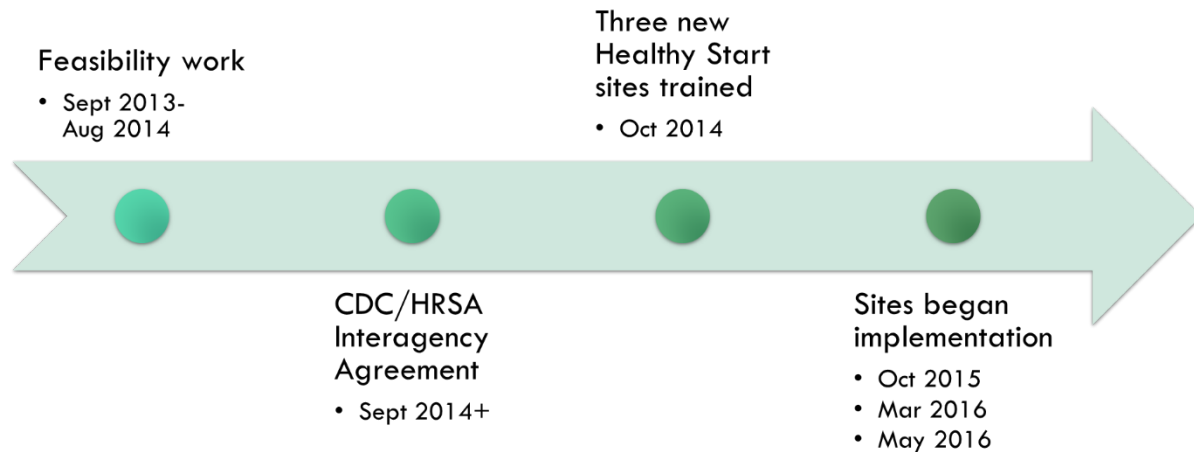
Legacy in the Community

Dark green are states with past or current *Legacy* representation; *Legacy* Healthy Start sites are represented by yellow stars, and include the following sites:

- Indianapolis Healthy Start
- University of North Carolina at Pembroke Healthy Start
- Healthy Start New Orleans



Healthy Start and Legacy Partnership Timeline



Resources

- Legacy for Children™ website
 - <http://www.cdc.gov/ncbddd/childdevelopment/legacy.html>
- Further reading
 - Kaminski, J. W., et al. (2013). "Behavioral and socioemotional outcomes through age 5 years of the legacy for children public health approach to improving developmental outcomes among children born into poverty." *Am J Public Health* 103(6): 1058-1066.
 - Perou, R., et al. (2012). "Legacy for Children™: a pair of randomized controlled trials of a public health model to improve developmental outcomes among children in poverty." *BMC Public Health* 12: 691.