

# Centering: Improving Health Outcomes Through a Group Care Model

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## Presentation Objectives

- Provide overview of CenteringPregnancy and CenteringParenting group care models
- Describe the impact and health outcomes of Centering care nationally
- Describe how Centering Healthcare Institute supports the dissemination and implementation of the Centering care models
- Describe Centering model fidelity and quality control elements

## Highlights (including quotes, charts, graphs)

- Centering reduces the risk of preterm birth by 33%-47%
- Centering reduces birth outcomes disparities
- Centering is implemented in over 430 practices across the U.S.
- 97% of Centering patients are highly satisfied with their care
- 86% of Centering patients are breastfeeding at discharge

*"Centering empowers women, connects them to each other and fosters their strength"*

## Resources

[www.CenteringHealthcare.org](http://www.CenteringHealthcare.org)

[www.CenteringConnects.org](http://www.CenteringConnects.org)