

# The Impact of Birmingham Healthy Start

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## Presentation Objectives

- To Provide a brief overview of Birmingham Healthy Start Plus
- To show how Healthy Start family support services have long term impact on program participants
- To provide information regarding to the importance of early literacy to school performance and other successes among children
- To discuss ways to engage family members in promoting early learning among children in their household
- To provide information regarding the impact of the presence or active involvement of the male/father

## Highlights

### Healthy Start Supportive Services:

- Have long term, life-changing impact on program participants
- Promote improvement in women's health
- Promote quality services
- Strengthening family resilience

### Family Engagement

- Family engagement is a key factor in many child outcomes including social competence, positive child-adult relationships, and academic achievement
- Family engagement promotes: healthy social development, healthy emotional development, healthy cognitive development, and healthy physical development

## Resources

- Bowman, 2002; Delgado-Gaitan, 1990; Heath, 1983; Valdés, 1996
- Kinzer & Leander, 2003; Wilson, 2002
- Street, 1995; Verhoeven & Snow, 2001