

# Zika Virus Update and Resources

## Presenters:

### **Maria Benke**

Commander, U.S. Public Health Service  
Division of Healthy Start & Perinatal  
Services  
HRSA Maternal & Child Health Bureau  
Phone: (301) 443-0156  
MBenke@hrsa.gov

### **Wanda Barfield, MD, MPH, FAAP**

Director  
Division of Reproductive Health  
National Center on Chronic Disease  
Prevention and Health Promotion  
800-232-4636 or [www.cdc.gov/cdc-info](http://www.cdc.gov/cdc-info)

### **Susan B. Moskosky, MS, WHNP-BC**

Director (Acting)  
Office of Population Affairs  
OASH/HHS  
[susan.moskosky@hhs.gov](mailto:susan.moskosky@hhs.gov)

### **Jodie Fishman, MPH, MCHES**

Content Manager, Text4baby  
ZERO TO THREE  
[jfishman@zerotothree.org](mailto:jfishman@zerotothree.org)

### **Deborah Hall, MSA, D.T.R.**

Columbus Public Health  
My Baby & Me, Project Director  
[DLHall@columbus.gov](mailto:DLHall@columbus.gov)

## Presentation Objectives

- Provide an overview of Zika;
- Present tools and resources for prevention;
- Discuss outreach and messaging with the pregnant population; and
- Describe a Healthy Start program's response efforts.

## Highlights

### Topic 1

- Pregnant women with possible exposure to Zika virus and signs or symptoms should be tested for Zika virus infection.
- Pregnant women with ongoing risk of possible Zika virus exposure and who do not report symptoms should be tested in the first and second trimesters of pregnancy
- Pregnant women with limited risk of possible Zika virus exposure and who do not report symptoms should consult with their healthcare providers to obtain testing for Zika virus.

- Additional detailed guidance for testing of pregnant women for Zika virus infection can be found at:  
[http://www.cdc.gov/mmwr/volumes/65/wr/mm6529e1.htm?s\\_cid=mm6529e1\\_e](http://www.cdc.gov/mmwr/volumes/65/wr/mm6529e1.htm?s_cid=mm6529e1_e)

## Topic 2

- For info on how to integrate Zika into family planning care check out the Office of Population Affairs Zika Toolkit <http://www.hhs.gov/opa/news#toolkit>.

## Topic 3

- Text 4 Baby conducted a survey of participants in English and Spanish about Zika. Findings show that *less than 1 in 3 gets Zika information from her healthcare provider and only 1 in 3 of our users agreed that they know how to protect themselves from getting Zika. This was lowest among our new mom respondents.*

## Resources

- CDC maintains a 24/7 Zika consultation service for health officials and healthcare providers caring for infants born to pregnant women to assist with test interpretation and questions about clinical management
  - To contact the service, call 770-488-7100 and ask for the Zika Pregnancy Hotline or email [ZIKAMCH@cdc.gov](mailto:ZIKAMCH@cdc.gov)
- Pocket guide <http://www.cdc.gov/zika/pdfs/pediatric-evaluation-follow-up-tool.pdf>
- For healthcare providers: <http://www.cdc.gov/zika/hc-providers/infants-children/resources-hc-providers-for-infants.html>
- For families: <http://www.cdc.gov/zika/parents/families-of-newborns-affected-zika.html>
- Webcast of CDC meeting in collaboration with AAP <http://www.cdc.gov/zika/hc-providers/webcast-clinicalevaluation.html>
- Zika public education resources available from Columbus Public Health.