

Program Interventions for Preconception, Prenatal, and Interconception Care

Title: Before Baby: Improving Women's Health using the Preconception Toolkit

Presenter:

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Presentation Objectives

- To explain the importance of preconception health and the impact it has on infant mortality Objective
- To identify opportunities to address preconception health within programs
- To provide steps to implement the Preconception Toolkit Highlights

Highlights

- Poor preconception health is typically a major contributing factor in fetal and infant deaths, according to the annual Northeast Florida Fetal & Infant Mortality Review (FIMR).
- An evaluation of the toolkit implementation showed clearly that the Preconception Tool Kit helped the Magnolia clinic staff make some inroads in their efforts to encourage participants to have and adhere to a reproductive life plan.
- Participants realized the connection between family planning and primary care so they were eager to come back and work on primary care issues

Resources

- For information on the Magnolia Project: <http://nefhealthystart.org/for-women/magnolia-project/> Online Women's Health
- <http://beforeandbeyond.org/toolkit/>